



CREEKSIDE MEDICAL, PS
specialists for adults, specialists for children

900 NE 139th Street, Suite 202
Vancouver, WA 98685
P: 360-566-WELL (9355)
F: 360-816-1327
www.creeksidemed.com

HOW TO PREPARE FOR YOUR FIRST ALLERGY/ASTHMA APPOINTMENT

1. Please bring your insurance card(s), photo ID and all new patient paperwork. Please ensure all paperwork is filled-out completely *prior* to your arrival. Please check-in at least 15 minutes prior to your scheduled time to allow our Patient Care Coordinators at the front desk to check you into the system.
2. Bring all medication bottles of drugs you are currently taking. This includes any over-the-counter, herbal and as-needed medications. By bringing in the actual prescription bottles, we will be able to accurately record your dose and all other pertinent information we need for your medical chart.
3. Bring a list of any medication and food allergies that you may have and a description of the type of reaction you had to the medication and/or food.
4. Bring your Primary Care Provider's contact information and your past medical history. If available, please bring in any medical records from previous medical appointments. This information will be very helpful in performing a comprehensive evaluation.
5. Please allow approximately 1.5 hours for your first appointment. If you have any questions regarding any of these instructions, please do not hesitate to call us for clarification.

ALLERGY SKIN TESTING CONSENT FORM

Skin tests are a method of testing for allergic reactions to substances, or allergens, in the environment. A test consists of introducing small amounts of allergens into the skin and noting the development of a positive reaction, which consists of a wheal (swelling) and flare (surrounding area of redness).

Medications that need to be stopped 7 days prior to your visit:

All Antihistamines

Alavert	Dimetapp	Promethazine
Allegra	Diphenhydramine	Sinequan
Antihist	Doxepin	Singulair
Astelin	Fexofenadine	Tagamet
Astepro	Hydroxyzine	Tavist
Atarax	Lodrane	Unisom
Benadryl	Loratadine	Vistaril
Brovex	Medi-Sleep	Xyzal
Cetirizine	Patanase	Zantac
Chlor-Trimeton	Pepcid	Zyrtec
Clarinet	Periactin	
Claritin	"PM" or "cold" medication	

Continue using your asthma medications and nasal sprays. Asthma medications do not interfere with skin testing.

DO NOT STOP MEDICATIONS FOR OTHER CHRONIC CONDITIONS

Most drugs do not interfere with skin testing but be certain that the office has an updated medication list at each visit.

Pregnant women should not undergo allergy skin testing. A pregnancy test can be ordered if you are unsure if you are pregnant.

I have read the patient information sheet on allergy testing and understand it. The opportunity has been provided for me to ask questions regarding the potential side effects of allergy skin testing and these questions have been answered to my satisfaction.

Signature of Patient or Responsible Party _____

Print Name of Patient and Responsible Party (if any) _____

Date: _____